



Checklist for Monitoring Nitrous Oxide (N2O-O2) Minimal Sedation

To be eligible to monitor nitrous oxide, dental team members (dental hygienists, EFDAs, CDAs and dental assistants) must satisfy the following requirements unless otherwise noted:

- Be at least 18 years of age.
- Have at least 2 years and 3,000 hours of experience in dental assisting (note: dental hygienists are exempt from this requirement)
- Complete a basic life-support training course certified by the American Heart Association, the American Red Cross or the American Safety and Health Institute and remain current at all times when monitoring nitrous oxide.
- Complete a 6 hour course in the monitoring of nitrous oxide minimal sedation provided by an Ohio State Dental Board approved permanent continuing education sponsor. A permanent CE sponsor includes the following: the American Dental Association, Ohio Dental Association and local dental societies; the National Dental Association and its affiliated societies; the American Dental Hygienists' Association and its affiliated societies; dental specialty organizations affiliated with the ADA; accredited schools of dentistry or dental hygiene; and hospitals among others.
- Successfully complete a written examination provided by the course sponsor.
- Note: A dental team member does not have to take the 6 hour course or the exam if they either
 - Hold a current license, certificate, permit, registration or other credential issued by another state for the monitoring of nitrous oxide minimal sedation if their training as determined by the OSDB is substantially equivalent to Ohio's required hours, content and examination requirements or
 - Graduated on or after January 1, 2015, from a Commission on Dental Accreditation approved program and has completed training equivalent to Ohio's requirements.
- Document completion of basic life-support training and nitrous oxide training received on a form obtained from the OSDB. The form and documentation must be maintained in the office(s) in which the dental team member practices.

Monitoring of nitrous oxide may only be performed under the direct supervision of a licensed dentist, i.e., the supervising dentist must be present in the facility at all times during performance of the task. Also:

- A satisfactory initiation phase of nitrous oxide may only be administered by the supervising dentist.
- Under no circumstances may an EFDA, CDA or dental assistant administer, adjust or terminate the nitrous oxide. These functions may only be performed by the supervising dentist (or a dental hygienist who meets the requirements to administer nitrous oxide).
- The dental team member may not monitor more than one patient at a time and must physically remain with the patient at all times.
- The supervising dentist must approve the discharge of the patient. Dental hygienists engaged in monitoring of nitrous oxide must document the supervising dentist's approval for discharge of the patient.

For dental hygienists: Dental offices must complete this form and attach copies of all supporting documentation and maintain it in the dental office where the dental hygienist is monitoring Nitrous Oxide: https://dental.ohio.gov/wps/wcm/connect/gov/b8f0c660-f562-40de-bcb0-bd506d0c5aab/Permissible+Practices+Documentation+for+Dental+Hygienists.pdf?MOD=AJPERES&CONVERT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00QO9DDDDM3000-b8f0c660-f562-40de-bcb0-bd506d0c5aab-o9w1m06.

For dental assistants: Dental offices must complete this form and attach copies of all supporting documentation and maintain it in the dental office where the dental assistant is monitoring Nitrous Oxide: <https://dental.ohio.gov/wps/wcm/connect/gov/9b72430b-3dc4-42d0-ba9b-e3490ad80776/Dental+Assistant+Permissible+Practices+Documentation.pdf?MOD=AJPERES&CONVE>

[RT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00QO9DDDDM3000-9b72430b-3dc4-42d0-ba9b-e3490ad80776-o9EY1EW.](RT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00QO9DDDDM3000-9b72430b-3dc4-42d0-ba9b-e3490ad80776-o9EY1EW)